



Dear Volunteer,

Thank you for volunteering with The Idaho Foodbank! Below is our waiver and release of liability form. **Volunteers under the age of 18 years must have their legal guardian sign this form where indicated.** Please note: volunteers must be at least 8 years of age, and those between 8 and 15 must be accompanied by an adult chaperone.

**Parent or guardian**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Emergency Contact**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Waiver and Release of Liability:** In connection with my voluntary involvement in activities undertaken for, and / or with the participation and support of The Idaho Foodbank, I, the undersigned, hereby agree, for myself, my heirs, assigns, executors, and administrators to release and discharge The Idaho Foodbank and its nonprofit partner agencies, its officers and directors, members, partners, funders, employees, agents, and volunteers (Releasees) from all claims, demands, and actions from injuries sustained to my person and / or property as a result of my involvement in such activities, whether or not resulting from negligence. I agree to release and hold The Idaho Foodbank and its Releasees harmless from any cause or action, claims or suit arising there from. I hereby attest that my attendance and involvement in such activities is voluntary, that I am participating at my own risk and that I have read the foregoing terms and conditions of this release. I understand in the case of accident or injury that my health insurance is the primary insurance coverage. I hereby confirm, represent and warrant that I have never been **charged with or convicted of any crime involving or relating to child abuse or neglect, child pornography, child abduction, or any other violent offense, including kidnapping, domestic violence, rape or any sexual offense, or who have ever been ordered by a court to receive psychiatric or psychological treatment** in connection therewith. I agree that I will perform activities that I am comfortable performing and will follow all instructions. I also grant full permission for The Idaho Foodbank and their Releasees, to forever use photographs, videos, audios or quotations from me in legitimate accounts and promotion of The Idaho Foodbank activities, with or without identification of me by name, and without compensation. This includes The Idaho Foodbank's website, Facebook, Twitter, and other social media and media sources. In the course of volunteering at The Idaho Foodbank, I understand that I may work with confidential information. I agree to keep such information in the strictest confidence. I must abide by the volunteer policies and procedures outlined above.

Signature of Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Release of Liability for Minors:** I, the undersigned parent or legal guardian of a minor participating with or without me, attests that I am over 18 years of age and warrant that I have legal authority to execute the above agreement on my child or legal ward's behalf. I have read the foregoing Waiver and Release of Liability and I hereby give my express consent to the irrevocable execution of this release on my child / legal ward's behalf.

Minor: Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Policies and Procedures**

- No one under the influence of drugs and/or alcohol will be permitted to volunteer.
- Only staffs are allowed to operate forklifts.
- All volunteers must sign in immediately before volunteering begins.
- All volunteers **MUST** wear closed-toe& closed-heel shoes – tennis shoes or running shoes work great.
- No iPads, iPods, mp3 players or other media devices while performing Warehouse activities
- All jewelry, with the exception of wedding rings must be removed before working with food
- Wear proper work clothes (closed-toe shoes only and decent clothes you do not mind getting dirty).
- Eating or drinking is permitted only in the volunteer reception area.
- Wash your hands before and after handling food items.
- Running, horseplay, riding pallet jacks, and stepping on pallets is a safety hazard and not permitted.
- Safety is first priority, please be mindful of the forklifts, using proper lifting techniques, and displaying mature behavior.
- Food and other products may not be removed from the warehouse.
- Use proper lifting techniques: when lifting heavy objects, use your legs to push upwards, keep your back straight and your body balanced. Don't attempt to lift over 50 lbs. without assistance.
- Volunteers are responsible for cleaning up their area.
- Report all accidents and injuries immediately to warehouse staff.
- The Idaho Foodbank will not be responsible for any missing personal belongings, please leave at home or in your car.
- Sexual harassment, violence, or offensive speech will not be tolerated.